

University of South Alabama 2023 - 2/5/2023
Jaguar Invitational 2022
Birmingham Crossplex Arena, Birmingham, Al.
Meet Program - Sunday Track

Event 7 Women 5000 Meter Run**Sunday 2/5/2023 - 9:30 AM**

So Al Rec: 17:16.89 2/2/2020 Carolien Millenaar
 Crsplx Rec: 15:15.21 3/11/2016 Molly Seidel

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Lauren Tinkler	UNAT-South A	16:45.00
2	Johanna Wistokat	Christian Br	17:09.45
3	Adele Magaud	South Alabam	17:18.14
4	Starlynn Costa	South Alabam	17:20.00
5	Marcie Cudworth	Ark Tech	17:29.49
6	Irene Jeptoo	Mid. Tenn. S	17:36.65
7	Ashlynn Mays	Ark Tech	17:49.95
8	Calli Beshore	Ark Tech	17:57.93
9	Morganne Browning	Ark Tech	18:20.32
10	Mackenzie Epperson	Ark Tech	18:24.66
11	Emma Hurlbut	Ark State	18:29.74
12	Ruth Kibet	Grambling	18:34.03
13	Hannah Anderson	Memphis	18:35.62
14	Mercy Kwambai	Grambling	18:35.97
15	Amelia Brady	Ala-Huntsville	18:43.72
16	Sonsoles Martin Rodriguez	Memphis	18:44.87
17	Brooke Calvo	Memphis	18:54.73
18	Mercy Kibiwott	Cumberland (18:57.06
19	Victoria Holliday	Tennessee-Ma	18:58.41
20	Elise Krone	Cumberland (19:07.04
21	Dakota Cassidy	Southern Ark	19:11.45
22	Ana Watters	Montevallo	19:17.13
23	Mary Frances Mattingly	Ala-Huntsville	19:17.40
24	Clervie Chagot	South Alabam	19:35.06

Event 27 Men 5000 Meter Run**Sunday 2/5/2023 - 9:50 AM**

So Al Rec: 14:17.00 2/7/2021 Cole Klashinsky
 Crsplx Rec: 13:37.39 1/24/2021 Christian Noble

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	Will Cahill	Tennessee-Ma	14:21.10
2	Sam Wilhelm	Ala-Huntsville	14:30.11
3	Robert Kraus	Southern Ark	14:44.50
4	Nate Pohlsander	Ala-Huntsville	14:58.50
5	Nate Pudner	UNAT-South A	14:59.84
6	Luke Johnson	Tennessee-Ma	15:10.00
7	Taylor Nails	Ala-Huntsville	15:14.70
8	Will Clayton	Christian Br	15:20.00
9	Jason Arena	Louisiana Te	15:20.00
10	Corey Adamski	Ala-Huntsville	15:23.11
11	Mathias Cheboi	Grambling	15:29.59
12	Brian Koringo	Jackson Stat	15:35.35
13	Jason Doland	Memphis	15:40.00
14	Denis Kiplagat	Cumberland (15:41.66
15	Jake Tourmillion	Ala-Huntsville	15:42.10
16	Ethan Rhoden	Cumberland (15:58.50
17	Jorge Sanchez	Southern Ark	16:03.90
18	Anderson Gray	Montevallo	16:07.99
19	Bethwel Limo	Alcorn State	16:30.00
20	Joseph Garay	Southern Ark	16:30.00
21	Lane Tincher	Montevallo	16:42.88

Event 5 Women 1 Mile Run**Sunday 2/5/2023 - 12:30 PM****2 Ally Start**

So Al Rec: 4:52.56 2/7/2021 Madeleine Rowe
 Crsplx Rec: 4:33.13 3/11/2022 Sintayehu Vissa

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
1	Stellah Kiptui	Alcorn State	5:10.44
2	Anna Hunter	Ark State	5:05.74
3	Lesego Mpshe	Mid. Tenn. S	4:55.00
4	Joice Jebor	Mid. Tenn. S	4:58.81
5	Abbey Weitenbeck	South Alabam	5:01.37
6	Marina McDonough	Ark State	5:08.16
7	Taylor Engram	Ala-Huntsville	5:11.54
8	Mary Beth Bailey	Ark Tech	5:12.12
9	Ali Nachtigal	Central Arka	5:12.94
10	Katie Krueger	Lee (Tenn.)	5:15.00

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Section 2 of 3 Finals...(Event 5 Women 1 Mile Run)

1	Rees Van Voorhis	Southern Mis	5:20.00
2	Amber Fisher	Montevallo	5:18.52
3	Claudia Dassow	Ala-Huntsville	5:16.37
4	Zaila Smith	Mid. Tenn. S	5:16.47
5	Felisa Saheib	Central Arka	5:18.00
6	Avery Stanley	Ark Tech	5:19.76
7	Emma Selph	Central Arka	5:21.26
8	Audrey Hill	Ark Tech	5:22.48
9	Courtney Keeler	Montevallo	5:23.23
10	Mercy Kwambai	Grambling	5:23.85
11	Kayla Chance	Savannah Sta	5:26.01
12	Aneisha Ingram	Ala A&M	5:28.72

Section 3 of 3 Finals

1	Ruth Kibet	Grambling	5:41.00
2	Gillian Barrett	Memphis	5:35.00
3	Daniela Rivera	Cumberland (5:29.95
4	Samouya Nevers	Alcorn State	5:30.50
5	Reezon Eke	Memphis	5:33.15
6	Sonia Chavelas	Christian Br	5:35.66
7	Taylor Wingo	Ala A&M	5:44.27
8	Paige Wohlgemuth	Ala-Huntsville	5:49.75
9	Skylah Barton	Xavier-Louis	6:05.04
10	Lillian Thuo	Grambling	6:13.29
11	Sarah Wikerson	Cumberland (NT
12	Cheyenne Melvin	Ark State	NT

Event 25 Men 1 Mile Run**Sunday 2/5/2023 - 12:30 PM****2 Ally Start**

So Al Rec: 4:07.81 2/5/2017 **Patrick Rohr**
Crspplx Rec: 3:57.04 3/12/2022 **Johnathan Davis**

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	Hillary Kimaiyo	Mid. Tenn. S	4:11.33
2	Molutsi Mohlouwa	Mid. Tenn. S	4:10.09
3	Zachary Wyatt	Memphis	4:07.12
4	Jason Bowers	Cumberland (4:07.32
5	Jeb Jones	Samford	4:10.00
6	Kirami Yego	South Alabam	4:10.38
7	Habtamu Geta	Mid. Tenn. S	4:12.65
8	Jack Elliott	Ala-Huntsville	4:12.78
9	Lance Cunigan	South Alabam	4:14.00
10	Teagan Flanagan	South Alabam	4:14.00

Section 2 of 4 Finals

1	Nathan Knox	Ala-Huntsville	4:17.33
2	Hunter Henderson	Central Arka	4:15.02
3	Giacomo DeLuca	South Alabam	4:14.00
4	Jon Fielding Stogner	Lee (Tenn.)	4:15.00
5	Caleb Guthery	Lee (Tenn.)	4:15.00
6	Jallah Galimah	Jackson Stat	4:16.66
7	Robert Arnold	Memphis	4:18.02
8	Anton Lindberg	Christian Br	4:18.76
9	Jonathan Heath	Central Arka	4:18.89
10	Luke Dobbins	Samford	4:19.00

Section 3 of 4 Finals

1	Wesley Maxwell	Southern Ark	4:21.69
2	Marquentin Barnes	Jackson Stat	4:20.75
3	Jackson Merrell	Samford	4:19.00
4	Noah McMurtrey	Ark State	4:20.00
5	Berket Mesele	Christian Br	4:20.16
6	James Cain	Ala-Huntsville	4:20.77
7	Liam Walsh	Memphis	4:24.52
8	Bill Archer	Montevallo	4:24.70
9	Will Anglea	Ala-Huntsville	4:24.77
10	Andrew Westphal	Ark State	4:25.14
11	Jackson Danner	Ala-Huntsville	4:26.03
12	Luke Freeman	Cumberland (4:27.89

Section 4 of 4 Finals

1	Joaquin Tello	Southern Ark	4:30.00
2	Raekwon Hopkins	Jackson Stat	4:31.22
3	Joshua Jackson	Montevallo	4:32.86
4	Mathias Cheboi	Grambling	4:34.21
5	Josh Stidfole	Montevallo	4:34.41
6	Hector Hernandez	Southern Ark	4:34.43
7	Eric Brannon	Ala A&M	4:39.22
8	Ethan Garcia	Cumberland (4:44.17
9	Jeremiah Wingate	Alcorn State	4:44.88
10	Logan Bailey	Louisiana Te	4:45.82
11	Erik Roberts	Savannah Sta	4:57.17
12	Damoy Boyd	Xavier-Louis	NT
13	Ahmad Wilson	Xavier-Louis	NT

Event 3 Women 400 Meter Dash**Sunday 2/5/2023 - 1:00 PM**

So Al Rec: 54.50 2/5/2017 **Tramesha Hardy**
Crspplx Rec: 50.69 3/12/2016 **Courtney Okolo**

Lane	Name	School	Seed Time
Section 1 of 9 Finals			
3	Carissa Hall	Lee (Tenn.)	54.94
4	Leonie Beu	Mid. Tenn. S	54.50
5	Praise Idamadudu	Cumberland (52.27
6	Glory Nyenke	Mid. Tenn. S	53.84

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Section 2 of 9 Finals...(Event 3 Women 400 Meter Dash)

2	Courtney Tatum	Jackson Stat	NT
3	Oriana Gee	Christian Br	56.40
4	Zadie St Louis	Central Arka	55.90
5	Savi'a Varnell	Southern Mis	55.41
6	Laila Gaynor	Ala A&M	55.88

Section 3 of 9 Finals

2	Sarah Turner	Montevallo	NT
3	Kaitlyn Cole	Samford	56.89
4	Jasmine Ward	Alcorn State	56.64
5	Jonae Cook	Ark State	56.50
6	Gabrielle Cross	Memphis	56.50

Section 4 of 9 Finals

1	Jenaia Williams	Louisiana Te	NT
2	Sharon Labich	Grambling	57.89
3	Janay Ryan	Lee (Tenn.)	57.75
4	Olivia Andrews	Ala A&M	57.28
5	Faith Tarver	Louisiana Te	57.01
6	Carrington Blair	Jackson Stat	57.09

Section 5 of 9 Finals

1	Tylan Jamison	Mid. Tenn. S	NT
2	Isabella Zurita	Christian Br	58.67
3	Chelsie Burnett	Ala-Huntsville	58.58
4	Grace Lueders	Samford	58.26
5	Jordan Collins	Southern Ark	58.12
6	Kamrin Hooks	Southern Ark	58.15

Section 6 of 9 Finals

1	Chanel Honeywell	Louisiana Te	NT
2	Kaia Martz	Lee (Tenn.)	59.36
3	Grace Deshotels	Central Arka	59.15
4	Pauline Wilson	Christian Br	59.05
5	Chandler Robinson	Ala-Huntsville	58.75
6	Ravyn Cystrunk	Savannah Sta	58.92

Section 7 of 9 Finals

1	Abby Snyder	Montevallo	NT
2	Nikki Mata	Ala-Huntsville	1:00.69
3	Amanda Davis	Ala-Huntsville	1:00.45
4	Symone Quiles	Central Arka	59.87
5	De'Ajene Johnson	Ala A&M	59.78
6	Mckenzie Patterson	Alcorn State	59.83

Section 8 of 9 Finals

1	Xhamani Thompson	Jackson Stat	NT
2	Morgan Mathews	South Alabam	1:02.98
3	Sabrina Anderson	Cumberland (1:02.06
4	Rozlyne Manor	Southern Ark	1:01.36
5	Dayna Sterling	Grambling	1:00.82
6	Darryan Horton	Xavier-Louis	1:01.12

Section 9 of 9 Finals

1	Rachel Smith	Montevallo	1:07.61
2	Maddie Bittle	Cumberland (1:07.29
3	Hannah Stoutmire	Xavier-Louis	1:07.03
4	Kennedi Hall	Savannah Sta	1:05.86
5	Vanessa Oladapo	Xavier-Louis	1:04.02
6	Jade Ceasar	Alcorn State	1:05.02

Event 23 Men 400 Meter Dash**Sunday 2/5/2023 - 1:00 PM**

So Al Rec:	47.29	2/6/2022	Donald Butler
Crsplx Rec:	44.62	3/12/2022	Randolph Ross

Lane Name School Seed Time**Section 1 of 10 Finals**

3	Nokia Masengu	Lee (Tenn.)	48.41
4	Marc Crespi	Christian Br	48.31
5	Laeden Tucker	Louisiana Te	48.07
6	Jermie Walker	Ark State	48.20

Section 2 of 10 Finals

3	Hanif Muhammad	Jackson Stat	48.91
4	Andreas Demetriades	Christian Br	48.84
5	Talil Atkins	Ala A&M	48.76
6	Shawn Collins	Jackson Stat	48.80

Section 3 of 10 Finals

3	James Thomas	Meridian CC	49.00
4	Tyrone Luckett	Central Arka	49.00
5	Dantavious Thomas	Ala-Huntsville	48.95
6	Elijah Moncure	Alcorn State	48.96

Section 4 of 10 Finals

2	Javel Fullerton	Southern Mis	NT
3	Kody Pugh	Ala A&M	49.33
4	Benjamin Nyakudya	Cumberland (49.30
5	Handre Jonker	Ark State	49.20
6	Jose Penalver	Samford	49.22

Section 5 of 10 Finals

2	Damiah Smith	Cumberland (NT
3	Tommy Rodriguez	Ala-Huntsville	49.60
4	Amare Biggers	Christian Br	49.53
5	Terrell White	Alcorn State	49.37
6	Avery Childress	South Alabam	49.50

Section 6 of 10 Finals

1	Alex Loyd	Savannah Sta	51.96
2	Keyshawn Johnson	Ala A&M	49.84
3	Deanderick Wilson	Ala-Huntsville	49.81
4	Tysean Baronette	Memphis	49.79
5	Stacen Cunningham	Lee (Tenn.)	49.63
6	Landon Chalden	Southern Mis	49.75

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Section 7 of 10 Finals...(Event 23 Men 400 Meter Dash)

1	Glenn Chevis	Southern Ark	51.98
2	Miciah Myles	Grambling	50.25
3	Kaseem Ibraheem-Washington	Jackson Stat	50.23
4	Malachi Johnson	Grambling	50.10
5	Shamal Sullivan	Central Arka	49.99
6	J'Brelin Cook	Montevallo	50.04

Section 8 of 10 Finals

1	Charles Nnantah Jr.	Alcorn State	52.31
2	Jackson Olivo	Samford	50.67
3	Bruce White	Central Arka	50.56
4	Brennon Williams	Southern Mis	50.40
5	Logan Istre	Cumberland (50.26
6	Winston Young	Xavier-Louis	50.38

Section 9 of 10 Finals

1	Maurice Green	Xavier-Louis	52.52
2	Anthony Romens	Memphis	51.13
3	Tracy Walton	Meridian CC	51.00
4	Niquaine Henry	Lee (Tenn.)	50.92
5	CJ Ekanyanwu	Grambling	50.75
6	Marcellus Sells	Unattached	50.80

Section 10 of 10 Finals

1	Austin Johnson	Memphis	54.17
2	Bradley Miller	Ark State	51.89
3	Patrick Sherrill	Montevallo	51.69
4	Tahj Beatty	Southern Ark	51.51
5	Dorian Pressley	Southern Ark	51.17
6	Micah Pernetter	Louisiana Te	51.36

Event 1 Women 60 Meter Dash**Sunday 2/5/2023 - 2:00 PM****Final on Time**

So Al Rec: 7.28 2/7/2016 **Kristina Knott**
Crsplx Rec: 7.04 3/11/2022 **Julien Alfred**

Lane	Name	School	Seed Time
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Section 1 of 8 Finals

1	Victoya Smith	Ala A&M	7.58
2	Kristen Blevins	Lee (Tenn.)	7.55
3	Trinity Flagler	Southern Mis	7.54
4	Lynnika Vance	Mid. Tenn. S	7.43
5	Trinity Benson	Southern Mis	7.48
6	Kenia Seals	Southern Mis	7.54
7	Jada McDougle	Southern Mis	7.56
8	Grace Wolf	South Alabam	7.61

Section 2 of 8 Finals

1	Baylie Murphy	Lee (Tenn.)	7.75
2	Ijah Drake	Ala-Huntsville	7.71
3	Z'Kiah Kuykendall	Central Arka	7.69
4	Krystalynn Oatman	Ala-Huntsville	7.64
5	Kyla Blockett	Grambling	7.66
6	Kendelle McCoy	Central Arka	7.70
7	Kynneddy Turner	Xavier-Louis	7.75
8	Makiyah Sills	UAB	7.75

Section 3 of 8 Finals

1	Kamaria Russell	Central Arka	7.83
2	Zakiria Holifield	Ala-Huntsville	7.80
3	Simone Harper	Memphis	7.78
4	Kat Duren	UAB	7.76
5	Hannah Morris	Ark State	7.77
6	Ciara Tucker	Central Arka	7.80
7	Kaitlyn Cole	Samford	7.81
8	Eryn Garrett	Jackson Stat	7.84

Section 4 of 8 Finals

1	Courtney Tatum	Jackson Stat	7.90
2	Anaiya Midget	Mid. Tenn. S	7.90
3	Vada Samuels	Samford	7.90
4	Khiah Williams	Alcorn State	7.86
5	Ana Iglesias	Christian Br	7.88
6	Carly Strong	Ark State	7.90
7	Jasmine Ward	Alcorn State	7.90
8	Hannah Smith	Montevallo	7.90

Section 5 of 8 Finals

1	Wil'Lexis Beaver	Southern Ark	7.97
2	Tiffany Wiley	Southern Ark	7.96
3	Blaique Webster	Ark State	7.92
4	Jaila Whitaker	Lee (Tenn.)	7.91
5	Teauna Thomas	Savannah Sta	7.91
6	Sa'Moriya Walker	Southern Ark	7.93
7	Tykira Glasco	Grambling	7.97
8	Indiyah Aldridge	Central Arka	7.97

Section 6 of 8 Finals

1	Sadrea Mabry	Savannah Sta	8.09
2	Josie Pry	South Alabam	8.00
3	Meg Coleman	Samford	7.99
4	Tekysa Thompson	Alcorn State	7.98
5	Delilyah Pelham	Savannah Sta	7.98
6	Mi'Asia Bergmann	Memphis	8.00
7	Amanda Davis	Ala-Huntsville	8.05
8	Onneika Rolle	Ala A&M	8.10

Section 7 of 8 Finals

2	Micaiah Halliburton	Christian Br	8.35
3	Destiny Betton	Montevallo	8.22
4	Madison Thomas	UAB	8.16
5	Talia Pfeifer	Christian Br	8.21
6	Pleasant Harris	Louisiana Te	8.26
7	Jade Harris	Xavier-Louis	8.56

Section 8 of 8 Finals

2	Kimorla Mushette	Alcorn State	NT
3	Blessing Samuel	Cumberland (NT
4	Emerald Carter	Xavier-Louis	NT
5	Doris Mensah	Cumberland (NT
6	Khaliyah Berry	Montevallo	NT
7	Kendyl Hawkins	Ala A&M	NT

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Event 21 Men 60 Meter Dash**Sunday 2/5/2023 - 2:00 PM****Final on Time**

So Al Rec: 6.64 2/3/2019 Davon DeMoss
Crspplx Rec: 6.47 3/12/2016 Ronnie Baker

Lane	Name	School	Seed Time
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Section 1 of 9 Finals

1	Devin Walton	Louisiana Te	6.84
2	Omari Walker	Ark State	6.81
3	Gerard Sapena	Louisiana Te	6.80
4	Michael Gizzi	Ala-Huntsville	6.75
5	Winfred Porter	Savannah Sta	6.77
6	Okheme Moore	Southern Mis	6.80
7	Mateo Smith	Louisiana Te	6.84
8	Daymien Smith	Southern Ark	6.85

Section 2 of 9 Finals

1	Cagan Campbell	Samford	6.89
2	Keon Buck	Meridian CC	6.87
3	Tobi Oniyide	Cumberland (6.87
4	Doniven Jackson	Lee (Tenn.)	6.86
5	Jahari Jones	Berry	6.86
6	Omar Austin	Southern Mis	6.87
7	Bryson Johnson	Southern Ark	6.88
8	Wesley Suen	Central Arka	6.89

Section 3 of 9 Finals

1	Cedrick Owens	Jackson Stat	6.95
2	Caleb Jolivette	Jackson Stat	6.94
3	TyJuan Huffman	Central Arka	6.93
4	Denarrison Ard	Ark State	6.91
5	Johnny Holloway III	Alcorn State	6.92
6	Kendal White	South Alabam	6.94
7	Tyke Tabor	Samford	6.94
8	Arrington Robinson	Alcorn State	6.95

Section 4 of 9 Finals

1	Kanye Harris	Memphis	7.00
2	Dee Baker	Southern Mis	6.98
3	Nicholas Williams	Grambling	6.97
4	Blake Gibson	Jackson Stat	6.95
5	Kimani Gardner	Grambling	6.97
6	William Malcolm	Samford	6.97
7	CJ Guidry	Grambling	6.98
8	Josh Norris	South Alabam	7.01

Section 5 of 9 Finals

1	Noah Lawler	Ala-Huntsville	7.08
2	Xavier Rogers	South Alabam	7.08
3	Antuan Crowder	South Alabam	7.05
4	Travon Johnson	Southern Ark	7.02
5	Cale Kassen	Lee (Tenn.)	7.03
6	Yastremski Johnson	Savannah Sta	7.06
7	Demitri Carter	Memphis	7.08
8	Javon Glen	South Alabam	7.10

Section 6 of 9 Finals

1	Jordan Johnson	Central Arka	7.15
2	Tommy Rodriguez	Ala-Huntsville	7.12
3	Jamir Eaton	Mid. Tenn. S	7.11
4	Cameron Stewart	South Alabam	7.10
5	Shawn Guerrier	Ala A&M	7.10
6	Avery Childress	South Alabam	7.12
7	Omari John	Memphis	7.15
8	Cameron Covey	Southern Mis	7.16

Section 7 of 9 Finals

1	Cedric Burrell	Ala A&M	7.25
2	Grashawn Clark	Ark State	7.24
3	Kenyon Anthony	Meridian CC	7.20
4	Solomon Mitchell	Savannah Sta	7.20
5	Ashton Murphy	Alcorn State	7.20
6	Deiondre Wilson	Berry	7.21
7	Priest Kier	Cumberland (7.25
8	Orlando Booker	Christian Br	7.28

Section 8 of 9 Finals

2	Caydon Carpenter	Xavier-Louis	7.53
3	Cameron Stine	Lee (Tenn.)	7.39
4	Jordan Jarrett	Christian Br	7.30
5	Kyle Graham	Ala A&M	7.35
6	David Garcia	South Alabam	7.40

Section 9 of 9 Finals

3	Coulaj Eans	Xavier-Louis	NT
4	Michael Reed	Meridian CC	NT
5	Akpan Nsikak	Cumberland (NT
6	Kristoffe Clifford	Xavier-Louis	NT

Event 8 Women 60 Meter Hurdles**Sunday 2/5/2023 - 2:30 PM****Final on Time**

So Al Rec: 8.28 2/4/2018 Karel Ziketh
Crspplx Rec: 7.78 3/12/2022 Grace Stark

Lane	Name	School	Seed Time
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Section 1 of 7 Finals

1	Ayana Harris	Central Arka	8.61
2	Tyra Nabors	Ark State	8.54
3	Kayla Watson	Louisiana Te	8.51
4	Rainee Bowers	Ark State	8.35
5	Kat Duren	UAB	8.39
6	Safiya John	Southern Mis	8.52
7	Makiyah Sills	UAB	8.55
8	Emerald Carter	Xavier-Louis	8.65

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Section 2 of 7 Finals...(Event 8 Women 60 Meter Hurdles)

1	Callie Calicut	Jackson Stat	8.88
2	Ivory Davis	Grambling	8.85
3	Erkyah Garrett	Jackson Stat	8.83
4	Riley Alexander	Samford	8.79
5	Josie Pry	South Alabam	8.82
6	Simone Harper	Memphis	8.84
7	Arryona Simmons	Meridian CC	8.86
8	Grace Wolf	South Alabam	8.89

Section 3 of 7 Finals

1	Tiffany Wiley	Southern Ark	9.13
2	Nike Praetzel	Louisiana Te	8.99
3	Gioia Scopel	Christian Br	8.96
4	Taylor Washington	UAB	8.92
5	Johannon Murray	Louisiana Te	8.94
6	Shakiera Woods	Ala A&M	8.99
7	Ronni Vanzant	Ala-Huntsville	9.04
8	Hanna-Mai Vaikla	UNAT-South A	9.13

Section 4 of 7 Finals

1	Ajanae Cressey	Ala A&M	9.31
2	Akili Pleas-Carnie	Alcorn State	9.26
3	Jade Harris	Xavier-Louis	9.22
4	Rashni Walker	Samford	9.14
5	Kayla Scott	Central Arka	9.16
6	Matayah Naylor	Alcorn State	9.24
7	Meg Coleman	Samford	9.29
8	Jeanina Bryant	Savannah Sta	9.42

Section 5 of 7 Finals

1	Synai Jones	UAB	9.68
2	Ayden Drake	Samford	9.57
3	Anndrea Chester	Ala-Huntsville	9.51
4	Kaliyah Thompson	Southern Ark	9.46
5	Anaya Jones	Grambling	9.51
6	Rozlyne Manor	Southern Ark	9.57
7	Mia Evensen	South Alabam	9.63

Section 6 of 7 Finals

2	Kiffin Brun	Montevallo	10.17
3	Sydney White	Lee (Tenn.)	9.91
4	Ky'Leigha Robinson	Savannah Sta	9.75
5	Sydney Mitchell	UAB	9.85
6	Kyah Crook	Montevallo	9.95

Section 7 of 7 Finals

2	Doris Mensah	Cumberland (NT
3	Jydia Faucette	Lee (Tenn.)	NT
4	Janet Nkwoparah	Southern Mis	10.35
5	Amira Doss	Christian Br	10.41
6	Kayla Jackson	Xavier-Louis	NT

Event 28 Men 60 Meter Hurdles**Sunday 2/5/2023 - 2:30 PM****Final on Time**

So Al Rec:	7.76	2/2/2020	Kurt Powdar
Crsplx Rec:	7.35	3/9/2019	Grant Holloway

Lane	Name	School	Seed Time
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Section 1 of 6 Finals

1	Warren Williams	Southern Mis	8.02
2	Corde Long	Alabama	7.94
3	Wilson McClain	Ala-Huntsville	7.88
4	Cale Kassen	Lee (Tenn.)	7.80
5	Chris Robinson	Alabama	7.87
6	Will Glass	Ark State	7.90
7	Stephen Eloji	Mid. Tenn. S	8.02
8	Urijah Williams	Louisiana Te	8.06

Section 2 of 6 Finals

1	Brandon McLaren	Ala A&M	8.27
2	Jeremiah McCain	Ala-Huntsville	8.25
3	Patrick Daves	Alabama	8.18
4	Kendal White	South Alabam	8.07
5	Dakari Betts	Grambling	8.15
6	Kylan Bernard	Meridian CC	8.24
7	Rainey Anderson	Grambling	8.25
8	Nyzaveon Thompson	Savannah Sta	8.30

Section 3 of 6 Finals

1	Stacen Cunningham	Lee (Tenn.)	8.44
2	Ivan Donaldson	Jackson Stat	8.40
3	Tyler Tremble	Jackson Stat	8.37
4	J'Vontae Noel	Alcorn State	8.31
5	Desmyn McCall	Louisiana Te	8.35
6	Graham Collins	South Alabam	8.39
7	Caleb Sterling	Southern Ark	8.43
8	David Garcia	South Alabam	8.46

Section 4 of 6 Finals

1	Brayden Marlowe	Montevallo	8.59
2	Brandon Sofi	Southern Ark	8.57
3	Carter Cheek	Southern Ark	8.56
4	Anthony Davis	Grambling	8.49
5	Renaldo Savoury	Cumberland (8.55
6	Joseph Heinz	Christian Br	8.57
7	Caleb Long	Lee (Tenn.)	8.58
8	Preston Barker	Central Arka	8.63

Section 5 of 6 Finals

1	Charles Nnantah Jr.	Alcorn State	8.85
2	Joshua Graham	Ala A&M	8.82
3	Dayton Jamierson	Xavier-Louis	8.76
4	Cedric Johnson	Memphis	8.67
5	Jae Sutherland	Alcorn State	8.75
6	Sebastian Reyneke	South Alabam	8.79
7	Brylan Shirley	South Alabam	8.82
8	Trey McFarland	Ala-Huntsville	8.88

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Section 6 of 6 Finals...(Event 28 Men 60 Meter Hurdles)

2	Dinkon Sinisterra	Cumberland (NT
3	Aleister Self	Montevallo	9.23
4	David Vick	Montevallo	9.17
5	Bell Howard	Cumberland (9.17
6	Donavan Hunt	Jackson Stat	10.32
7	Nic Glass	South Alabam	NT

Event 4 Women 800 Meter Run**Sunday 2/5/2023 - 3:45 PM****2 Ally Start**

So Al Rec: 2:06.56 2/7/2016 Tatiana Etienne
Crspplx Rec: 2:01.37 3/11/2022 Lindsey Butler

Lane	Name	School	Seed Time
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Section 1 of 4 Finals

1	Pamela Milano	Mid. Tenn. S	2:16.82
2	Anna Bommies	Central Arka	2:14.99
3	Cheyenne Melvin	Ark State	2:07.22
4	Francisca Jebor	Mid. Tenn. S	2:10.38
5	Katie Strozier	Samford	2:11.05
6	Harper McGowan	Samford	2:16.00
7	Katelyn Cartwright	Southern Mis	2:16.90
8	Aneisha Ingram	Ala A&M	2:16.91
9	Erin Cannon	Ala-Huntsville	2:18.25

Section 2 of 4 Finals

1	Sarah Delgado	Christian Br	2:20.99
2	Abbey Weitenbeck	South Alabam	2:20.07
3	Grace Hampel	Ala-Huntsville	2:18.31
4	Joice Jebor	Mid. Tenn. S	2:19.32
5	Ashlyn Iliff	Lee (Tenn.)	2:20.00
6	Reezon Eke	Memphis	2:20.33
7	Amara Hawkins-Quinones	Jackson Stat	2:21.20
8	Kayla Chance	Savannah Sta	2:21.23
9	Taylor Wingo	Ala A&M	2:21.67
10	Cadence Lapp	Ark State	2:22.00

Section 3 of 4 Finals

1	Sarah Parnell	Southern Mis	2:23.40
2	Victoria Datta	Louisiana Te	2:23.32
3	Felicity West	Ark Tech	2:23.02
4	Taylor Ingram	Ala-Huntsville	2:23.18
5	Samouya Nevers	Alcorn State	2:23.31
6	Ali Nachtigal	Central Arka	2:23.37
7	Hannah McLaughlin	Ark State	2:23.56
8	Sarah Turner	Montevallo	2:23.83
9	Brenna Beucler	Samford	2:24.96
10	Jewel Baer	Central Arka	2:25.00

Section 4 of 4 Finals

1	Shakira Waters	Meridian CC	2:35.12
2	Skylah Barton	Xavier-Louis	2:32.00
3	Amber Fisher	Montevallo	2:27.70
4	Danielle Booker	Christian Br	2:29.52
5	Felicity Bost	Memphis	2:30.19
6	Jodie Shusta	Christian Br	2:34.88
7	Abby Snyder	Montevallo	2:35.42
8	Taylor Watkins	Jackson Stat	2:37.49
9	Lilah Mohler	Cumberland (2:41.14
10	Anaya Ervin	Southern Ark	NT

Event 24 Men 800 Meter Run**Sunday 2/5/2023 - 3:45 PM****2 Ally Start**

So Al Rec: 1:50.42 2/7/2021 Jose Penalver
Crspplx Rec: 1:46.46 3/9/2019 Bryce Hoppel

Lane	Name	School	Seed Time
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Section 1 of 5 Finals

1	Dylan Evans	Southern Mis	1:52.70
2	Brian Rono	Mid. Tenn. S	1:51.66
3	Jose Penalver	Samford	1:48.75
4	Hannes Fahl	Ark State	1:50.12
5	Lasse Funck	Ark State	1:51.52
6	Molutsi Mohlouwa	Mid. Tenn. S	1:52.00
7	Habtamu Geta	Mid. Tenn. S	1:52.78
8	Leopold Stefanski	Christian Br	1:53.00
9	Zachary Wyatt	Memphis	1:53.25
10	Jallah Galimah	Jackson Stat	1:53.85

Section 2 of 5 Finals

1	Ryan Lovelace	Lee (Tenn.)	1:54.70
2	Carmelo Cannizzaro	Mid. Tenn. S	1:54.26
3	Hillary Kimaiyo	Mid. Tenn. S	1:54.00
4	Jean-Pierre Le Roux	South Alabam	1:54.01
5	Caleb Scheffler	Samford	1:54.12
6	Forbes Joel	Cumberland (1:54.62
7	Damoy Boyd	Xavier-Louis	1:54.83
8	Caleb Crutcher	Jackson Stat	1:55.00
9	Julian Fore	Montevallo	1:55.00
10	Stephen Clark	Lee (Tenn.)	1:55.10

Section 3 of 5 Finals

1	Robert Arnold	Memphis	1:57.00
2	Marciano Taylor	Alcorn State	1:56.22
3	Conner Patterson	Ala-Huntsville	1:55.16
4	Jonathan Heath	Central Arka	1:55.28
5	Mar'Ques McCray	Southern Mis	1:55.93
6	Jacob Kachadorian	Ala-Huntsville	1:56.98
7	Austin Bourne	Southern Mis	1:57.09
8	Shafi Muhammad	Jackson Stat	1:57.31
9	Trent Terminie	Louisiana Te	1:57.34
10	Chase Pitre	Memphis	1:57.78
11	Hunter Henderson	Central Arka	1:58.15

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Section 4 of 5 Finals...(Event 24 Men 800 Meter Run)

1	Bill Archer	Montevallo	1:59.27
2	Johnny Cordero	Central Arka	1:58.75
3	Mitchell Cook	Ala-Huntsville	1:58.15
4	Caleb Guthery	Lee (Tenn.)	1:58.25
5	Colsen Palmer	Ala-Huntsville	1:58.40
6	Eric Brannon	Ala A&M	1:58.85
7	Hector Hernandez	Southern Ark	1:59.35
8	Emmanuel Cullins	Memphis	1:59.39
9	Joshua Jackson	Montevallo	1:59.40
10	Nate Aupied	Christian Br	2:00.16
11	Asa Mazow	Ala-Huntsville	2:00.48

Section 5 of 5 Finals

1	Lawrence Armstead	Ala A&M	2:02.36
2	Devin Malone	Grambling	2:01.47
3	Korey Shively	South Alabam	2:00.49
4	Will Marsh	Cumberland (2:00.91
5	Luke Byrum	Mid. Tenn. S	2:01.12
6	Leslie Jones	Ala A&M	2:01.74
7	Zach Byrum	Mid. Tenn. S	2:03.09
8	Jeremiah Wingate	Alcorn State	2:06.32
9	Logan Bailey	Louisiana Te	2:07.31
10	Chemar McGhee	Alcorn State	2:08.77
11	Lejaune George	Xavier-Louis	NT
12	Denis Kiplagat	Cumberland (NT

Event 6 Women 3000 Meter Run**Sunday 2/5/2023 - 4:15 PM**

So Al Rec: 9:32.73 2/7/2021 **Pauline Meyer**
Crsplx Rec: 8:57.86 3/12/2016 **Molly Seidel**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Sarah Trammel	Ark State	9:44.63
2	Faith Nyathi	Mid. Tenn. S	9:45.00
3	Purity Sanga	Mid. Tenn. S	9:45.00
4	Lauren Tinkler	UNAT-South A	9:45.00
5	Agnes Chepkurui	Mid. Tenn. S	9:45.00
6	Chloe Figgins	Memphis	9:48.72
7	Mercy Chepkurui	Mid. Tenn. S	9:53.54
8	Ashley Walker	Samford	10:07.32
9	Emily McMurry	Ala-Huntsville	10:07.39
10	Zaila Smith	Mid. Tenn. S	10:10.00
11	Carlin Beal	Southern Mis	10:13.14
12	Maggie Hunter	Ark State	10:25.00
13	Edie Smith	Samford	10:27.19
14	Jalyssa Smith	Memphis	10:33.67
15	Libby Booth	Ark Tech	10:34.54
16	Mackenzie Hendrix	Ark Tech	10:41.21
17	Olivia Walter	Ark State	10:42.28

Section 2 of 2 Finals

1	Elizabeth Beckham	Lee (Tenn.)	10:45.93
2	Phoebe Moran	Lee (Tenn.)	10:46.54
3	Macy Livingston	South Alabam	10:48.90
4	Mandy Sykora	Ark Tech	10:50.00
5	Tatiana Padgett	Ala-Huntsville	10:50.71
6	Courtney Keeler	Montevallo	10:53.14
7	Natalie Warner	Montevallo	10:56.87
8	Elizabeth Heckman	Lee (Tenn.)	10:59.00
9	Chablis Shreffler	Memphis	11:01.71
10	Logan Warren	Southern Ark	11:05.00
11	Alyzah McGlasson	Southern Ark	11:08.09
12	Daniela Rivera	Cumberland (11:08.19
13	Ava Zindler	Southern Ark	11:27.16
14	Morgan Remley	Montevallo	11:38.39
15	Lexa Thompson	Louisiana Te	11:52.16
16	Elise Krone	Cumberland (NT
17	Kasey Quezada	Cumberland (NT
18	Kayla Chance	Savannah Sta	NT
19	Rebecca Quebedeaux	Louisiana Te	NT
20	Caroline Hendon	Montevallo	NT

Event 26 Men 3000 Meter Run**Sunday 2/5/2023 - 4:15 PM**

So Al Rec: 8:13.31 2/6/2022 **Kirami Yego**
Crsplx Rec: 7:51.46 1/31/2021 **Christian Noble**

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	Kirami Yego	South Alabam	8:12.48
2	Jason Bowers	Cumberland (8:13.63
3	Teagan Flanagan	South Alabam	8:14.33
4	Vincent Chenier	Memphis	8:19.09
5	Vincent Yegon	Mid. Tenn. S	8:19.58
6	Payton Gleason	Memphis	8:20.77
7	Tate Wyatt	Memphis	8:21.93
8	Giacomo DeLuca	South Alabam	8:22.00
9	Will Thompson	Ala-Huntsville	8:23.65
10	Berket Mesele	Christian Br	8:26.31
11	Gabe Henneberger	Ala-Huntsville	8:27.90
12	Allan Anderson	Ala-Huntsville	8:29.45
13	Amos Pkemoi	South Alabam	8:30.00
14	Joseph Pitard	Montevallo	8:40.44
15	Drew Roberts	Montevallo	8:40.50
16	Anton Lindberg	Christian Br	8:42.86
17	Lance Cunigan	South Alabam	8:43.20
18	John Carder	Ark State	8:45.00
19	Ben Hazelwood	Memphis	8:45.00

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Section 2 of 2 Finals...(Event 26 Men 3000 Meter Run)

1	Ezekiel McCain	Ark State	8:51.35
2	Mathias Cheboi	Grambling	8:53.57
3	Brian Koringo	Jackson Stat	8:57.30
4	Eli Williams	Unattached	9:00.00
5	Carols Hernandez	Central Arka	9:00.00
6	Marquentin Barnes	Jackson Stat	9:01.34
7	Tyler Doty	South Alabam	9:03.45
8	Wesley Maxwell	Southern Ark	9:04.67
9	Hector Hernandez	Southern Ark	9:05.00
10	Beau Melancon	Central Arka	9:10.00
11	Isaac Gass	Southern Ark	9:10.60
12	Jack Harchelroad	Samford	9:13.80
13	Andrew Mason	Ark State	9:14.72
14	Rackwon Hopkins	Jackson Stat	9:18.34
15	Ethan Rhoden	Cumberland (9:18.64
16	Edwin Kigen	Cumberland (9:29.73
17	Hayes Gill	Louisiana Te	9:30.90
18	Jeremiah Wingate	Alcorn State	9:41.63
19	Lane Busby	Montevallo	9:48.07
20	Chemar McGhee	Alcorn State	10:15.00
21	Ahmad Wilson	Xavier-Louis	11:09.00
22	Erik Roberts	Savannah Sta	NT
23	Jeremiah Hudson	Jackson Stat	NT